



August 18						
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September 18						
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30						

October 18						
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November 18						
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December 18						
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January 19						
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February 19						
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March 19						
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31						

April 19						
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28	29	30				

May 19						
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			1	2	3	4
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August

- 8 - 9 New Teacher Orientation
- 13, 14, 15 Convocation/Work Days
- 16 First Day of School
- 29 PLC Schedule Begins

September

- 3 NO SCHOOL – Labor Day
- 21 EARLY DISMISSAL - Homecoming

October

- 8 NO SCHOOL - District Inservice
- 12 End of 1st Quarter
- 17 NCC Inservice
- 19 Report Cards Go Home
- 23 P/T Conferences (PK-HS & NCC)
- 25 P/T Conferences (PK-HS & NCC)
- 26 NO SCHOOL

November

- 21 - 23 NO SCHOOL – Thanksgiving Break

December

- 19 1st Semester Ends
- 20 - 31 NO SCHOOL – Winter Break

January

- 1 NO SCHOOL – New Year’s Day
- 2 NO SCHOOL – Teacher Workday
- 3 Classes Resume – 2nd Semester Begins
- 4 Report Cards Go Home
- 21 NO SCHOOL – Martin Luther King Day

February

- 13 NCC Inservice
- 15 NO SCHOOL – District Inservice
- 18 NO SCHOOL - Presidents’ Day
- 27 Spring P/T Conferences

March

- 8 End of 3rd Quarter
- 15 Report Cards Go Home
- 18 - 22 NO SCHOOL- Spring Break

April

- 19 NO SCHOOL – Good Friday

May

- 11 NCC Graduation
- 19 PCHS Graduation
- 22 2nd Semester Ends
- 22 EARLY DISMISSAL – Last Day of School
- 27 NO SCHOOL – Memorial Day

**If the District cancels school for snow days, students will make up days at the end of the year. Those days include May 23, 24, 28, 29, 30, and 31 and any additional days as needed.

**End of semester dates may change in the event of inclement weather.

Calendar Legend

- Teacher Workday
- First Day of School
- PLC – Early Dismissal
- Students Not In Session
- 3 Hour Early Dismissal
- No School – Inservice
- Make Up Day

21 Day K-5 Lunch Menu

Day 1	2	3	4	5
<p>Spaghetti & Meatballs w Italian Bread Chicken Patty on a Bun Turkey and Cheese Sandwich</p> <ul style="list-style-type: none"> • Spring Mix Salad • Cheesy Cauliflower Popcorn • Assorted Fresh Fruit • Peaches <p>Strawberry Chicken Salad</p> <ul style="list-style-type: none"> • Cheesy Cauliflower Popcorn • Assorted Fresh Fruit • Peaches • Italian Bread <p>Week 1</p>	<p>Grilled Cheese Frito Pie BBQ Pork on a Bun</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Honey Baked Beans • Assorted Fresh Fruit • Orange/Pineapple Mix <p>Taco Salad</p> <ul style="list-style-type: none"> • Honey Bacon Beans • Assorted Fresh Fruit • Orange/Pineapple Mix • Cornbread 	<p>Chicken Patty Roast Turkey Hamburger Steak</p> <ul style="list-style-type: none"> • Mashed Potatoes w/Gravy • Corn • Assorted Fresh Fruit • Pears • Hot Roll <p>Mandarin Orange Chicken Salad</p> <ul style="list-style-type: none"> • Corn • Assorted Fresh Fruit • Pears • Hot Roll 	<p>Cheeseburger Soft Tacos Ham and Cheese French Toast</p> <ul style="list-style-type: none"> • Tater Tots • Fresh Garden Salad • Assorted Fresh Fruit • Applesauce <p>Cobb Salad</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Applesauce • Fruit Streusel Muffin 	<p>Tony's Pizza PBJ w. Yogurt California Chicken Club Wrap</p> <ul style="list-style-type: none"> • Caesar Side Salad • Baby Carrots w Dip • Assorted Fresh Fruit • Strawberry Banana Mix <p>Chicken Bacon Ranch Salad</p> <ul style="list-style-type: none"> • Baby Carrots w/ Dip • Assorted Fresh Fruit • Strawberry Banana Mix • Fruit Streusel Muffin
6	7	8	9	10
<p>Hot Dog Chicken & Cheese Quesadilla Sloppy Joe</p> <ul style="list-style-type: none"> • Fresh Garden Salad • French Fries • Assorted Fresh Fruit • Mandarin Oranges <p>Cobb Salad</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Mandarin Oranges • Fruit Streusel Muffin <p>Week 2</p>	<p>Chicken & Waffles Mozzarella Dunkers Beef Enchiladas</p> <ul style="list-style-type: none"> • Spring Mix Salad • Steamed Broccoli • Assorted Fresh Fruit • Cinnamon Apples <p>Strawberry Chicken Salad</p> <ul style="list-style-type: none"> • Steamed Broccoli • Assorted Fresh Fruit • Cinnamon Apples • Italian Bread 	<p>Chicken Patty Meatloaf Baked Ham</p> <ul style="list-style-type: none"> • Mashed Potatoes w/Gravy • Green Beans • Assorted Fresh Fruit • Pineapple • Hot Roll <p>Mandarin Orange Chicken Salad</p> <ul style="list-style-type: none"> • Mashed Potatoes w/Gravy • Assorted Fresh Fruit • Pineapple • Hot roll 	<p>Super Nachos Chicken Alfredo w. Italian Bread Egg, Sausage, and Cheese Tacos</p> <ul style="list-style-type: none"> • Refried Beans • Caesar Side Salad • Assorted Fresh Fruit • Pears <p>Taco Salad</p> <ul style="list-style-type: none"> • Refried Beans • Assorted Fresh Fruit • Pears • Cornbread 	<p>Pepperoni Pizza Fish Sandwich Italian Sub</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Roasted Veggies • Assorted Fresh Fruit • Tropical Fruit Mix <p>Chicken Bacon Ranch Salad</p> <ul style="list-style-type: none"> • Roasted Veggies • Assorted Fresh Fruit • Tropical Fruit Mix • Fruit Streusel Muffin

11	12	13	14	15
<p data-bbox="65 716 510 771">Week 3</p>	<p data-bbox="510 716 905 771">Week 3</p>	<p data-bbox="905 716 1297 771">Week 3</p>	<p data-bbox="1297 716 1669 771">Week 3</p>	<p data-bbox="1669 716 2074 771">Week 3</p>
<p data-bbox="65 716 510 771">Week 4</p>	<p data-bbox="510 716 905 771">Week 4</p>	<p data-bbox="905 716 1297 771">Week 4</p>	<p data-bbox="1297 716 1669 771">Week 4</p>	<p data-bbox="1669 716 2074 771">Week 4</p>

Corn Dog
Chicken Nachos w. White Queso
Beef Burrito

- Fresh Garden Salad
- Texas Pintos
- Assorted Fresh Fruit
- Mandarin Oranges

Taco Chef Salad

- Texas Pintos
- Assorted Fresh Fruit
- Mandarin Oranges
- Cornbread

BBQ Rib on Bun
Meatball Sub
Italian Calzone

- French Fries
- Caesar Side Salad
- Assorted Fresh Fruit
- Banana Orange Mix

Cobb Salad

- Assorted Fresh Fruit
- Banana Orange Mix
- Fruit Streusel Muffin

Chicken Patty
Roast Pork
Meatloaf

- Mashed Potatoes w/ Gravy
- Glazed Carrots
- Assorted Fresh Fruit
- Peaches
- Hot Roll

Mandarin Orange Chicken Salad

- Glazed Carrots
- Assorted Fresh Fruit
- Peaches
- Hot Roll

Chicken Nuggets w. Italian Bread
Hamburger Mac N Cheese w. Italian Bread
Ham and Cheese Sandwich

- Fresh Garden Salad
- Corn
- Assorted Fresh Fruit
- Applesauce

Strawberry Chicken Salad

- Corn
- Assorted Fresh Fruit
- Applesauce
- Italian Bread

Cheese Pizza
Parmesan Chicken Sandwich
Sweet and Sour Pork w. Rice

- Spring Mix Salad
- Fresh Broccoli w. Dip
- Assorted Fresh Fruit
- Pineapple

Chicken Bacon Ranch Salad

- Fresh Broccoli
- Assorted Fresh Fruit
- Pineapple
- Fruit Streusel Muffin

Chedda-Toni w Italian Bread
Chicken Patty on a Bun
Turkey and Cheese Sandwich

- Spring Mix Salad
- Cheesy Cauliflower Popcorn
- Assorted Fresh Fruit
- Peaches

Strawberry Chicken Salad

- Cheesy Cauliflower Popcorn
- Assorted Fresh Fruit
- Peaches
- Italian Bread

Three Cheese Grilled Cheese
Chili w. Cinnamon Roll
BBQ Chicken on a Bun

- Fresh Garden Salad
- Cowboy Beans
- Assorted Fresh Fruit
- Orange/Pineapple Mix

Taco Salad

- Cowboy Beans
- Assorted Fresh Fruit
- Orange/Pineapple Mix
- Cornbread

Chicken Patty
Roast Turkey
Hamburger Steak

- Mashed Potatoes w/Gravy
- Corn
- Assorted Fresh Fruit
- Pears
- Hot Roll

Mandarin Orange Chicken Salad

- Corn
- Assorted Fresh Fruit
- Pears
- Hot Roll

Cheeseburger
Chicken Soft Tacos
Egg Ham and Cheese Breakfast Sandwich

- Tater Tots
- Fresh Garden Salad
- Assorted Fresh Fruit
- Applesauce

Cobb Salad

- Assorted Fresh Fruit
- Applesauce
- Fruit Streusel Muffin

Tony's Pizza
PBJ w. Yogurt
Thai Chili Chicken Wrap

- Caesar Side Salad
- Baby Carrots w Dip
- Assorted Fresh Fruit
- Strawberry Banana Mix

Chicken Bacon Ranch Salad

- Baby Carrots w/ Dip
- Assorted Fresh Fruit
- Strawberry Banana Mix
- Fruit Streusel Muffin

Hot Dog
Chicken & Cheese Quesadilla
Sloppy Joe

- Fresh Garden Salad
- French Fries
- Assorted Fresh Fruit
- Mandarin Oranges

Cobb Salad

- Assorted Fresh Fruit
- Mandarin Oranges
- Fruit Streusel Muffin

Week 5

21 Day 6-8 Lunch Menu

Day 1	2	3	4	5
<p>Spaghetti & Meatballs w Italian Bread Chicken Patty on a Bun Turkey and Cheese Sandwich</p> <ul style="list-style-type: none"> • Spring Mix Salad • Cheesy Cauliflower Popcorn • Assorted Fresh Fruit • Peaches <p>Strawberry Chicken Salad</p> <ul style="list-style-type: none"> • Cheesy Cauliflower Popcorn • Assorted Fresh Fruit • Peaches • Italian Bread <p>Pizza/Calzone Bar Choice of: Pepperoni Pizza Cheese Pizza Veggie Pizza Buffalo Chicken Pizza Canadian Bacon Pizza Italian Calzone Pepperoni Calzone Buffalo Chicken Calzone Tuscan Calzone</p> <ul style="list-style-type: none"> • Spring Mix Salad • Cheesy Cauliflower Popcorn • Assorted Fresh Fruit • Peaches 	<p>Grilled Cheese Frito Pie BBQ Pork on a Bun</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Honey Baked Beans • Assorted Fresh Fruit • Orange/Pineapple Mix <p>Taco Salad</p> <ul style="list-style-type: none"> • Honey Bacon Beans • Assorted Fresh Fruit • Orange/Pineapple Mix • Cornbread <p>Burger/Sandwich Bar Choice of: Beef Patty Grilled Chicken Spicy Chicken Patty Chicken Patty On Hamburger Bun with Variety of Toppings and Condiments Offered</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Honey Bacon Beans • Assorted Fresh Fruit • Orange/Pineapple Mix 	<p>Chicken Patty Roast Turkey Hamburger Steak</p> <ul style="list-style-type: none"> • Mashed Potatoes w/Gravy • Corn • Assorted Fresh Fruit • Pears • Hot Roll <p>Mandarin Orange Chicken Salad</p> <ul style="list-style-type: none"> • Corn • Assorted Fresh Fruit • Pears • Hot Roll <p>Sub Bar Choice of: Turkey, Meatballs, Ham, and Cheese on Deli Bun With Variety of Toppings and Condiments Offered</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Corn • Assorted Fresh Fruit • Pears 	<p>Cheeseburger Soft Tacos Ham and Cheese French Toast</p> <ul style="list-style-type: none"> • Tater Tots • Fresh Garden Salad • Assorted Fresh Fruit • Applesauce <p>Cobb Salad</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Applesauce • Fruit Streusel Muffin <p>Breakfast Bar: Choice Of: Waffles Pancakes French Toast Sticks Served with Scrambled Eggs and Option of Sausage Patty</p> <ul style="list-style-type: none"> • Tater Tots • Fresh Garden Salad • Assorted Fresh Fruit • Applesauce 	<p>Tony's Pizza PBJ w. Yogurt California Chicken Club Wrap</p> <ul style="list-style-type: none"> • Caesar Side Salad • Baby Carrots w Dip • Assorted Fresh Fruit • Strawberry Banana Mix <p>Chicken Bacon Ranch Salad</p> <ul style="list-style-type: none"> • Baby Carrots w/ Dip • Assorted Fresh Fruit • Strawberry Banana Mix • Fruit Streusel Muffin <p>Nacho/Taco Bar Choice of: Super Nachos Chicken Nachos w. White Queso Pizza Nachos BBQ Chicken Nachos Beef Tacos Chicken Tacos Pork Tacos</p> <ul style="list-style-type: none"> • Caesar Side Salad • Baby Carrots w Dip • Assorted Fresh Fruit • Strawberry Banana Mix • Spanish Rice
<p>Week 1</p>				

6	7	8	9	10
<p>Hot Dog Chicken & Cheese Quesadilla Sloppy Joe</p> <ul style="list-style-type: none"> • Fresh Garden Salad • French Fries • Assorted Fresh Fruit • Mandarin Oranges <p>Cobb Salad</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Mandarin Oranges • Fruit Streusel Muffin <p>Asian Bar Choice Of: Popcorn Chicken Grilled Chicken Nuggets With assortment of Homemade Asian Sauces</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Mixed Vegetables • Assorted Fresh Fruit • Mandarin Oranges • Fried Rice <p>Week 2</p>	<p>Chicken & Waffles Mozzarella Dunkers Beef Enchiladas</p> <ul style="list-style-type: none"> • Spring Mix Salad • Steamed Broccoli • Assorted Fresh Fruit • Cinnamon Apples <p>Strawberry Chicken Salad</p> <ul style="list-style-type: none"> • Steamed Broccoli • Assorted Fresh Fruit • Cinnamon Apples • Italian Bread <p>Pizza/Calzone Bar Choice of: Pepperoni Pizza Cheese Pizza Veggie Pizza Buffalo Chicken Pizza Canadian Bacon Pizza Italian Calzone Pepperoni Calzone Buffalo Chicken Calzone Tuscan Calzone</p> <ul style="list-style-type: none"> • Spring Mix Salad • Steamed Broccoli • Assorted Fresh Fruit • Cinnamon Apples 	<p>Chicken Patty Meatloaf Baked Ham</p> <ul style="list-style-type: none"> • Mashed Potatoes w/Gravy • Green Beans • Assorted Fresh Fruit • Pineapple • Hot Roll <p>Mandarin Orange Chicken Salad</p> <ul style="list-style-type: none"> • Mashed Potatoes w/Gravy • Assorted Fresh Fruit • Pineapple • Hot roll <p>Sub Bar Choice of: Turkey, Meatballs, Ham, and Cheese on Deli Bun With Variety of Toppings and Condiments Offered</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Green Beans • Assorted Fresh Fruit • Pineapple 	<p>Super Nachos Chicken Alfredo w. Italian Bread Egg, Sausage, and Cheese Tacos</p> <ul style="list-style-type: none"> • Refried Beans • Caesar Side Salad • Assorted Fresh Fruit • Pears <p>Taco Salad</p> <ul style="list-style-type: none"> • Refried Beans • Assorted Fresh Fruit • Pears • Cornbread <p>Burger/Sandwich Bar Choice of: Beef Patty Grilled Chicken Spicy Chicken Patty Chicken Patty On Hamburger Bun with Variety of Toppings and Condiments Offered</p> <ul style="list-style-type: none"> • Caesar Side Salad • Refried Beans • Assorted Fresh Fruit • Pears 	<p>Pepperoni Pizza Fish Sandwich Italian Sub</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Roasted Veggies • Assorted Fresh Fruit • Tropical Fruit Mix <p>Chicken Bacon Ranch Salad</p> <ul style="list-style-type: none"> • Roasted Veggies • Assorted Fresh Fruit • Tropical Fruit Mix • Fruit Streusel Muffin <p>Nacho/Taco Bar Choice of: Super Nachos Chicken Nachos w. White Queso Pizza Nachos BBQ Chicken Nachos Beef Tacos Chicken Tacos Pork Tacos</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Roasted Veggies • Assorted Fresh Fruit • Tropical Fruit Mix • Spanish Rice

11	12	13	14	15
<p>Corn Dog Chicken Nachos w. White Queso Beef Burrito</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Texas Pintos • Assorted Fresh Fruit • Mandarin Oranges <p>Taco Chef Salad</p> <ul style="list-style-type: none"> • Texas Pintos • Assorted Fresh Fruit • Mandarin Oranges • Cornbread <p>Burger/Sandwich Bar Choice of: Beef Patty Grilled Chicken Spicy Chicken Patty Chicken Patty On Hamburger Bun with Variety of Toppings and Condiments Offered</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Texas Pintos • Assorted Fresh Fruit • Mandarin Oranges <p>Week 3</p>	<p>BBQ Rib on Bun Meatball Sub Italian Calzone</p> <ul style="list-style-type: none"> • French Fries • Caesar Side Salad • Assorted Fresh Fruit • Banana Orange Mix <p>Cobb Salad</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Banana Orange Mix • Fruit Streusel Muffin <p>Breakfast Bar: Choice Of: Waffles Pancakes French Toast Sticks Served with Scrambled Eggs and Option of Sausage Patty</p> <ul style="list-style-type: none"> • Tater Tots • Caesar Side Salad • Assorted Fresh Fruit • Banana Orange Mix 	<p>Chicken Patty Roast Pork Meatloaf</p> <ul style="list-style-type: none"> • Mashed Potatoes w/ Gravy • Glazed Carrots • Assorted Fresh Fruit • Peaches • Hot Roll <p>Mandarin Orange Chicken Salad</p> <ul style="list-style-type: none"> • Glazed Carrots • Assorted Fresh Fruit • Peaches • Hot Roll <p>Sub Bar Choice of: Turkey, Meatballs, Ham, and Cheese on Deli Bun With Variety of Toppings and Condiments Offered</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Glazed Carrots • Assorted Fresh Fruit • Peaches 	<p>Chicken Nuggets w. Italian Bread Hamburger Mac N Cheese w. Italian Bread Ham and Cheese Sandwich</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Corn • Assorted Fresh Fruit • Applesauce <p>Strawberry Chicken Salad</p> <ul style="list-style-type: none"> • Corn • Assorted Fresh Fruit • Applesauce • Italian Bread <p>Pizza/Calzone Bar Choice of: Pepperoni Pizza Cheese Pizza Veggie Pizza Buffalo Chicken Pizza Canadian Bacon Pizza Italian Calzone Pepperoni Calzone Buffalo Chicken Calzone Tuscan Calzone</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Corn • Assorted Fresh Fruit • Applesauce 	<p>Cheese Pizza Parmesan Chicken Sandwich Sweet and Sour Pork w. Rice</p> <ul style="list-style-type: none"> • Spring Mix Salad • Fresh Broccoli w. Dip • Assorted Fresh Fruit • Pineapple <p>Chicken Bacon Ranch Salad</p> <ul style="list-style-type: none"> • Fresh Broccoli • Assorted Fresh Fruit • Pineapple • Fruit Streusel Muffin <p>Nacho/Taco Bar Choice of: Super Nachos Chicken Nachos w. White Queso Pizza Nachos BBQ Chicken Nachos Beef Tacos Chicken Tacos Pork Tacos</p> <ul style="list-style-type: none"> • Spring Mix Salad • Fresh Broccoli w. Dip • Assorted Fresh Fruit • Pineapple • Spanish Rice

16	17	18	19	20
<p>Chedda-Toni w Italian Bread Chicken Patty on a Bun Turkey and Cheese Sandwich</p> <ul style="list-style-type: none"> • Spring Mix Salad • Cheesy Cauliflower Popcorn • Assorted Fresh Fruit • Peaches <p>Strawberry Chicken Salad</p> <ul style="list-style-type: none"> • Cheesy Cauliflower Popcorn • Assorted Fresh Fruit • Peaches • Italian Bread <p>Pizza/Calzone Bar Choice of: Pepperoni Pizza Cheese Pizza Veggie Pizza Buffalo Chicken Pizza Canadian Bacon Pizza Italian Calzone Pepperoni Calzone Buffalo Chicken Calzone Tuscan Calzone</p> <ul style="list-style-type: none"> • Spring Mix Salad • Cheesy Cauliflower Popcorn • Assorted Fresh Fruit • Peaches <p>Week 4</p>	<p>Three Cheese Grilled Cheese Chili w. Cinnamon Roll BBQ Chicken on a Bun</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Cowboy Beans • Assorted Fresh Fruit • Orange/Pineapple Mix <p>Taco Salad</p> <ul style="list-style-type: none"> • Cowboy Beans • Assorted Fresh Fruit • Orange/Pineapple Mix • Cornbread <p>Burger/Sandwich Bar Choice of: Beef Patty Grilled Chicken Spicy Chicken Patty Chicken Patty On Hamburger Bun with Variety of Toppings and Condiments Offered</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Cowboy Beans • Assorted Fresh Fruit • Orange/Pineapple Mix 	<p>Chicken Patty Roast Turkey Hamburger Steak</p> <ul style="list-style-type: none"> • Mashed Potatoes w/Gravy • Corn • Assorted Fresh Fruit • Pears • Hot Roll <p>Mandarin Orange Chicken Salad</p> <ul style="list-style-type: none"> • Corn • Assorted Fresh Fruit • Pears • Hot Roll <p>Sub Bar Choice of: Turkey, Meatballs, Ham, and Cheese on Deli Bun With Variety of Toppings and Condiments Offered</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Corn • Assorted Fresh Fruit • Pears 	<p>Cheeseburger Chicken Soft Tacos Egg Ham and Cheese Breakfast Sandwich</p> <ul style="list-style-type: none"> • Tater Tots • Fresh Garden Salad • Assorted Fresh Fruit • Applesauce <p>Cobb Salad</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Applesauce • Fruit Streusel Muffin <p>Asian Bar Choice Of: Popcorn Chicken Grilled Chicken Nuggets With assortment of Homemade Asian Sauces</p> <ul style="list-style-type: none"> • Mixed Vegetables • Fresh Garden Salad • Assorted Fresh Fruit • Applesauce • Fried Rice 	<p>Tony's Pizza PBJ w. Yogurt Thai Chili Chicken Wrap</p> <ul style="list-style-type: none"> • Caesar Side Salad • Baby Carrots w Dip • Assorted Fresh Fruit • Strawberry Banana Mix <p>Chicken Bacon Ranch Salad</p> <ul style="list-style-type: none"> • Baby Carrots w/ Dip • Assorted Fresh Fruit • Strawberry Banana Mix • Fruit Streusel Muffin <p>Nacho/Taco Bar Choice of: Super Nachos Chicken Nachos w. White Queso Pizza Nachos BBQ Chicken Nachos Beef Tacos Chicken Tacos Pork Tacos</p> <ul style="list-style-type: none"> • Caesar Side Salad • Baby Carrots w Dip • Assorted Fresh Fruit • Strawberry Banana Mix • Spanish Rice

Hot Dog
Chicken & Cheese Quesadilla
Sloppy Joe

- Fresh Garden Salad
- French Fries
- Assorted Fresh Fruit
- Mandarin Oranges

Cobb Salad

- Assorted Fresh Fruit
- Mandarin Oranges
- Fruit Streusel Muffin

Breakfast Bar:

Choice Of:

- Waffles
- Pancakes
- French Toast Sticks

Served with Scrambled Eggs and Option of Sausage Patty

- Fresh Garden Salad
- Tater Tots
- Assorted Fresh Fruit
- Mandarin Oranges

21 Day HS Lunch Menu

Day 1	2	3	4	5
<p>Spaghetti & Meatballs w Italian Bread Spicy Chicken Patty on a Bun Turkey Club Sub</p> <ul style="list-style-type: none"> • Spring Mix Salad • Cheesy Cauliflower Popcorn • Assorted Fresh Fruit • Peaches <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Peaches • Italian Bread <p>Pizza/Calzone Bar Choice of: Pepperoni Pizza Cheese Pizza Veggie Pizza Buffalo Chicken Pizza Canadian Bacon Pizza Italian Calzone Pepperoni Calzone Buffalo Chicken Calzone Tuscan Calzone</p> <ul style="list-style-type: none"> • Spring Mix Salad • Cheesy Cauliflower Popcorn • Assorted Fresh Fruit • Peaches <p>Week 1</p>	<p>Smothered Burrito Frito Pie BBQ Pork on a Bun</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Honey Baked Beans • Assorted Fresh Fruit • Orange/Pineapple Mix <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Orange/Pineapple Mix • Combread <p>Burger/Sandwich Bar Choice of: Beef Patty Grilled Chicken Spicy Chicken Patty Chicken Patty On Hamburger Bun with Variety of Toppings and Condiments Offered</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Honey Bacon Beans • Assorted Fresh Fruit • Orange/Pineapple Mix • Baked Chips 	<p>Chicken Patty/Spicy Chicken Patty Roast Turkey Hamburger Steak</p> <ul style="list-style-type: none"> • Mashed Potatoes w/Gravy • Corn • Assorted Fresh Fruit • Pears • Hot Roll <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Pears • Hot Roll <p>Sub Bar Choice of: Turkey, Meatballs, Ham, and Cheese on Deli Bun With Variety of Toppings and Condiments Offered</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Corn • Assorted Fresh Fruit • Pears 	<p>Bacon Cheeseburger Soft Tacos Ham and Cheese French Toast</p> <ul style="list-style-type: none"> • Tater Tots • Fresh Garden Salad • Assorted Fresh Fruit • Applesauce <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Applesauce • Fruit Streusel Muffin <p>Breakfast Bar: Choice Of: Waffles Pancakes French Toast Sticks Served with Scrambled Eggs and Option of Sausage Patty</p> <ul style="list-style-type: none"> • Tater Tots • Fresh Garden Salad • Assorted Fresh Fruit • Applesauce 	<p>Tony's Pizza PBJ w. Yogurt California Chicken Club Wrap</p> <ul style="list-style-type: none"> • Caesar Side Salad • Baby Carrots w Dip • Assorted Fresh Fruit • Strawberry Banana Mix <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Strawberry Banana Mix • Fruit Streusel Muffin <p>Nacho/Taco Bar Choice of: Super Nachos Chicken Nachos w. White Queso Pizza Nachos BBQ Chicken Nachos Beef Tacos Chicken Tacos Pork Tacos</p> <ul style="list-style-type: none"> • Caesar Side Salad • Baby Carrots w Dip • Assorted Fresh Fruit • Strawberry Banana Mix • Spanish Rice

6	7	8	9	10
<p>BBQ Bacon Wrapped Hot Dog Chicken & Cheese Quesadilla Sloppy Joe</p> <ul style="list-style-type: none"> • Fresh Garden Salad • French Fries • Assorted Fresh Fruit • Mandarin Oranges <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Mandarin Oranges • Fruit Streusel Muffin <p>Asian Bar Choice Of: Popcorn Chicken Grilled Chicken Nuggets With assortment of Homemade Asian Sauces</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Mixed Vegetables • Assorted Fresh Fruit • Mandarin Oranges • Fried Rice <p>Week 2</p>	<p>Chicken & Waffles Mozzarella Dunkers Beef Enchiladas</p> <ul style="list-style-type: none"> • Spring Mix Salad • Steamed Broccoli • Assorted Fresh Fruit • Cinnamon Apples <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Cinnamon Apples • Italian Bread <p>Pizza/Calzone Bar Choice of: Pepperoni Pizza Cheese Pizza Veggie Pizza Buffalo Chicken Pizza Canadian Bacon Pizza Italian Calzone Pepperoni Calzone Buffalo Chicken Calzone Tuscan Calzone</p> <ul style="list-style-type: none"> • Spring Mix Salad • Steamed Broccoli • Assorted Fresh Fruit • Cinnamon Apples 	<p>Chicken Patty/Spicy Chicken Patty Meatloaf Baked Ham</p> <ul style="list-style-type: none"> • Mashed Potatoes w/Gravy • Green Beans • Assorted Fresh Fruit • Pineapple • Hot Roll <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Pineapple • Hot roll <p>Sub Bar Choice of: Turkey, Meatballs, Ham, and Cheese on Deli Bun With Variety of Toppings and Condiments Offered</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Green Beans • Assorted Fresh Fruit • Pineapple 	<p>Super Nachos Chicken Alfredo w. Italian Bread Egg, Sausage, and Cheese Tacos</p> <ul style="list-style-type: none"> • Refried Beans • Caesar Side Salad • Assorted Fresh Fruit • Pears <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Pears • Cornbread <p>Burger/Sandwich Bar Choice of: Beef Patty Grilled Chicken Spicy Chicken Patty Chicken Patty On Hamburger Bun with Variety of Toppings and Condiments Offered</p> <ul style="list-style-type: none"> • Caesar Side Salad • Refried Beans • Assorted Fresh Fruit • Pears • Baked Chips 	<p>Pepperoni Pizza Fish & Chips Italian Sub</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Roasted Veggies • Assorted Fresh Fruit • Tropical Fruit Mix <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Tropical Fruit Mix • Fruit Streusel Muffin <p>Nacho/Taco Bar Choice of: Super Nachos Chicken Nachos w. White Queso Pizza Nachos BBQ Chicken Nachos Beef Tacos Chicken Tacos Pork Tacos</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Roasted Veggies • Assorted Fresh Fruit • Tropical Fruit Mix • Spanish Rice

11	12	13	14	15
<p>Corn Dog Chicken Nachos w. White Queso Beef Burrito</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Texas Pintos • Assorted Fresh Fruit • Mandarin Oranges <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Mandarin Oranges • Cornbread <p>Burger/Sandwich Bar Choice of: Beef Patty Grilled Chicken Spicy Chicken Patty Chicken Patty On Hamburger Bun with Variety of Toppings and Condiments Offered</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Texas Pintos • Assorted Fresh Fruit • Mandarin Oranges • Baked Chips <p>Week 3</p>	<p>BBQ Rib on Bun Meatball Sub Italian Calzone</p> <ul style="list-style-type: none"> • French Fries • Caesar Side Salad • Assorted Fresh Fruit • Banana Orange Mix <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Banana Orange Mix • Fruit Streusel Muffin <p>Breakfast Bar: Choice Of: Waffles Pancakes French Toast Sticks Served with Scrambled Eggs and Option of Sausage Patty</p> <ul style="list-style-type: none"> • Tater Tots • Caesar Side Salad • Assorted Fresh Fruit • Banana Orange Mix 	<p>Chicken Patty/Spicy Chicken Patty Roast Pork Jalapeno Cheddar Meatloaf</p> <ul style="list-style-type: none"> • Mashed Potatoes w/ Gravy • Glazed Carrots • Assorted Fresh Fruit • Peaches • Hot Roll <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Peaches • Hot Roll <p>Sub Bar Choice of: Turkey, Meatballs, Ham, and Cheese on Deli Bun With Variety of Toppings and Condiments Offered</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Glazed Carrots • Assorted Fresh Fruit • Peaches 	<p>Chicken Strips w. Italian Bread Hamburger Mac N Cheese w. Italian Bread Cubano Sandwich</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Corn • Assorted Fresh Fruit • Applesauce <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Applesauce • Italian Bread <p>Pizza/Calzone Bar Choice of: Pepperoni Pizza Cheese Pizza Veggie Pizza Buffalo Chicken Pizza Canadian Bacon Pizza Italian Calzone Pepperoni Calzone Buffalo Chicken Calzone Tuscan Calzone</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Corn • Assorted Fresh Fruit • Applesauce 	<p>Cheese Pizza Parmesan Chicken Sandwich Sweet and Sour Pork w. Rice</p> <ul style="list-style-type: none"> • Spring Mix Salad • Fresh Broccoli w. Dip • Assorted Fresh Fruit • Pineapple <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Pineapple • Fruit Streusel Muffin <p>Nacho/Taco Bar Choice of: Super Nachos Chicken Nachos w. White Queso Pizza Nachos BBQ Chicken Nachos Beef Tacos Chicken Tacos Pork Tacos</p> <ul style="list-style-type: none"> • Spring Mix Salad • Fresh Broccoli w. Dip • Assorted Fresh Fruit • Pineapple • Spanish Rice

16	17	18	19	20
<p>Chedda-Toni w Italian Bread Spicy Chicken Patty on a Bun Turkey Club Sub</p> <ul style="list-style-type: none"> • Spring Mix Salad • Cheesy Cauliflower Popcorn • Assorted Fresh Fruit • Peaches <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Peaches • Italian Bread <p>Pizza/Calzone Bar Choice of: Pepperoni Pizza Cheese Pizza Veggie Pizza Buffalo Chicken Pizza Canadian Bacon Pizza Italian Calzone Pepperoni Calzone Buffalo Chicken Calzone Tuscan Calzone</p> <ul style="list-style-type: none"> • Spring Mix Salad • Cheesy Cauliflower Popcorn • Assorted Fresh Fruit • Peaches 	<p>Smothered Burrito Chili w. Cinnamon Roll BBQ Chicken on a Bun</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Cowboy Beans • Assorted Fresh Fruit • Orange/Pineapple Mix <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Orange/Pineapple Mix • Cornbread <p>Burger/Sandwich Bar Choice of: Beef Patty Grilled Chicken Spicy Chicken Patty Chicken Patty On Hamburger Bun with Variety of Toppings and Condiments Offered</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Cowboy Beans • Assorted Fresh Fruit • Orange/Pineapple Mix • Baked Chips 	<p>Chicken Patty/Spicy Chicken Patty Roast Turkey Hamburger Steak</p> <ul style="list-style-type: none"> • Mashed Potatoes w/Gravy • Corn • Assorted Fresh Fruit • Pears • Hot Roll <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Pears • Hot Roll <p>Sub Bar Choice of: Turkey, Meatballs, Ham, and Cheese on Deli Bun With Variety of Toppings and Condiments Offered</p> <ul style="list-style-type: none"> • Fresh Garden Salad • Corn • Assorted Fresh Fruit • Pears 	<p>Bacon Cheeseburger Chicken Soft Tacos Egg Ham and Cheese Breakfast Sandwich</p> <ul style="list-style-type: none"> • Tater Tots • Fresh Garden Salad • Assorted Fresh Fruit • Applesauce <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Applesauce • Fruit Streusel Muffin <p>Asian Bar Choice Of: Popcorn Chicken Grilled Chicken Nuggets With assortment of Homemade Asian Sauces</p> <ul style="list-style-type: none"> • Mixed Vegetables • Fresh Garden Salad • Assorted Fresh Fruit • Applesauce • Fried Rice 	<p>Tony's Pizza PBJ w. Yogurt Thai Chili Chicken Wrap</p> <ul style="list-style-type: none"> • Caesar Side Salad • Baby Carrots w Dip • Assorted Fresh Fruit • Strawberry Banana Mix <p>Salad Bar</p> <ul style="list-style-type: none"> • Assorted Fresh Fruit • Strawberry Banana Mix • Fruit Streusel Muffin <p>Nacho/Taco Bar Choice of: Super Nachos Chicken Nachos w. White Queso Pizza Nachos BBQ Chicken Nachos Beef Tacos Chicken Tacos Pork Tacos</p> <ul style="list-style-type: none"> • Caesar Side Salad • Baby Carrots w Dip • Assorted Fresh Fruit • Strawberry Banana Mix • Spanish Rice
<p>Week 4</p>				

Chili Cheese Hot Dog
Chicken & Cheese Quesadilla
Sloppy Joe

- Fresh Garden Salad
- French Fries
- Assorted Fresh Fruit
- Mandarin Oranges

Salad Bar

- Assorted Fresh Fruit
- Mandarin Oranges
- Fruit Streusel Muffin

Breakfast Bar:

Choice Of:

- Waffles
- Pancakes
- French Toast Sticks

Served with Scrambled Eggs and Option of Sausage Patty

- Fresh Garden Salad
- Tater Tots
- Assorted Fresh Fruit
- Mandarin Oranges

21 Day K-8 Breakfast Menu

Day 1	2	3	4	5
<p>Breakfast Sliders</p> <ul style="list-style-type: none"> • Fresh Orange Smiles • Chilled Juice • Milk 	<p>Sweet Roll</p> <ul style="list-style-type: none"> • Chilled Juice • Melon • Milk 	<p>Chocolate French Toast</p> <ul style="list-style-type: none"> • Apple • Chilled Juice • Milk 	<p>Cheesy Ham and Egg Casserole</p> <ul style="list-style-type: none"> • Toast • Banana • Chilled Juice • Milk 	<p>Biscuit and Gravy</p> <ul style="list-style-type: none"> • Sausage Patty • Chilled Juice • Grapes • Milk
<p>Breakfast Pizza</p> <ul style="list-style-type: none"> • Fresh Orange Smiles • Chilled Juice • Milk 	<p>Pancake Sausage Griddle</p> <ul style="list-style-type: none"> • Chilled Juice • Melon • Milk 	<p>Apple Turnover</p> <ul style="list-style-type: none"> • Apple • Chilled Juice • Milk 	<p>Blueberry Crumb Cake</p> <ul style="list-style-type: none"> • Banana • Chilled Juice • Milk 	<p>Mini Pancakes</p> <ul style="list-style-type: none"> • Chilled Juice • Grapes • Milk
<p>Cereal</p> <ul style="list-style-type: none"> • Yogurt • Fresh Orange Smiles • Chilled Juice • Milk 	<p>Cereal</p> <ul style="list-style-type: none"> • Cinnamon Toast • Chilled Juice • Melon • Milk 	<p>Cereal</p> <ul style="list-style-type: none"> • Yogurt • Apple • Chilled Juice • Milk 	<p>Cereal</p> <ul style="list-style-type: none"> • Toast w Margarine and Jelly • Banana • Chilled Juice • Milk 	<p>Cereal</p> <ul style="list-style-type: none"> • Yogurt • Chilled Juice • Grapes • Milk
<p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Yogurt • Fresh Orange Smiles • Chilled Juice • Milk 	<p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Cinnamon Toast • Chilled Juice • Melon • Milk 	<p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Yogurt • Apple • Chilled Juice • Milk 	<p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Toast w Margarine and Jelly • Banana • Chilled Juice • Milk 	<p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Yogurt • Chilled Juice • Grapes • Milk

6	7	8	9	10
<p>Pancakes</p> <ul style="list-style-type: none"> • Chilled Juice • Fresh Apple • Milk <p>Sausage Biscuit</p> <ul style="list-style-type: none"> • Chilled Juice • Fresh Apple • Milk <p>Cereal</p> <ul style="list-style-type: none"> • Yogurt • Chilled Juice • Fresh Apple { • Milk <p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Yogurt • Chilled Juice • Fresh Apple { • Milk 	<p>Oven Baked Omelet</p> <ul style="list-style-type: none"> • Toast w/ Marg & Jelly • Chilled Juice • Watermelon • Milk <p>Strawberry Shortcake Biscuit</p> <ul style="list-style-type: none"> • Chilled Juice • Watermelon • Milk <p>Cereal</p> <ul style="list-style-type: none"> • Toast w Margarine and Jelly • Chilled Juice • Watermelon • Milk <p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Toast w Margarine and Jelly • Chilled Juice • Watermelon • Milk 	<p>French Toast Casserole</p> <ul style="list-style-type: none"> • Chilled Juice • Peaches • Milk <p>Sausage Pancake on a Stick</p> <ul style="list-style-type: none"> • Yogurt • Chilled Juice • Peaches • Milk <p>Cereal</p> <ul style="list-style-type: none"> • Yogurt • Chilled Juice • Peaches • Milk <p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Yogurt • Chilled Juice • Peaches • Milk 	<p>Sweet Roll</p> <ul style="list-style-type: none"> • Chilled Juice • Pineapple • Milk <p>Breakfast Nachos</p> <ul style="list-style-type: none"> • Chilled Juice • Pineapple • Milk <p>Cereal</p> <ul style="list-style-type: none"> • Cinnamon Toast • Chilled Juice • Pineapple • Milk <p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Cinnamon Toast • Chilled Juice • Pineapple • Milk 	<p>Biscuit and Gravy</p> <ul style="list-style-type: none"> • Sausage Patty • Strawberries • Chilled Juice • Milk <p>Mini Waffles</p> <ul style="list-style-type: none"> • Strawberries • Chilled Juice • Milk <p>Cereal</p> <ul style="list-style-type: none"> • Yogurt • Strawberries • Chilled Juice • Milk <p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Yogurt • Strawberries • Chilled Juice • Milk

11

Egg and Cheese Bagel

- Melon
- Chilled Juice
- Milk

Waffles

- Melon
- Chilled Juice
- Milk

Cereal

- Yogurt
- Melon
- Chilled Juice
- Milk

Oatmeal Bar

- Yogurt
- Melon
- Chilled Juice
- Milk

12

French Toast Sticks

- Chilled Juice
- Fresh Apple
- Milk

Fruit & Yogurt Parfait

- Fruit Streusel Muffin
- Chilled Juice
- Fresh Apple
- Milk

Cereal

- Cinnamon Toast
- Chilled Juice
- Fresh Apple
- Milk

Oatmeal Bar

- Cinnamon Toast
- Chilled Juice
- Fresh Apple
- Milk

13

Blueberry Sweet Roll w/Lemon Glaze

- Banana
- Chilled Juice
- Milk

Breakfast Burrito

- Banana
- Chilled Juice
- Milk

Cereal

- Yogurt
- Banana
- Chilled Juice
- Milk

Oatmeal Bar

- Yogurt
- Banana
- Chilled Juice
- Milk

14

Scrambled Eggs

- Toast w. Margarine and Jelly
- Orange Smiles
- Chilled Juice
- Milk

Chocolate Croissant

- Orange Smiles
- Chilled Juice
- Milk

Cereal

- Toast w Margarine and Jelly
- Orange Smiles
- Chilled Juice
- Milk

Oatmeal Bar

- Toast w Margarine and Jelly
- Orange Smiles
- Chilled Juice
- Milk

15

Biscuit and Gravy

- Sausage Patty
- Chilled Juice
- Grapes
- Milk

Cinnamon Streusel Coffee Cake

- Chilled Juice
- Grapes
- Milk

Cereal

- Yogurt
- Chilled Juice
- Grapes
- Milk

Oatmeal Bar

- Yogurt
- Chilled Juice
- Grapes
- Milk

16

Breakfast Sliders

- Fresh Orange Smiles
- Chilled Juice
- Milk

Breakfast Pizza

- Fresh Orange Smiles
- Chilled Juice
- Milk

Cereal

- Yogurt
- Fresh Orange Smiles
- Chilled Juice
- Milk

Oatmeal Bar

- Yogurt
- Fresh Orange Smiles
- Chilled Juice
- Milk

17

Sweet Roll

- Chilled Juice
- Melon
- Milk

Pancake Sausage Griddle

- Chilled Juice
- Melon
- Milk

Cereal

- Cinnamon Toast
- Chilled Juice
- Melon
- Milk

Oatmeal Bar

- Cinnamon Toast
- Chilled Juice
- Melon
- Milk

18

Chocolate French Toast

- Fresh Apple
- Chilled Juice
- Milk

Apple Turnover

- Fresh Apple
- Chilled Juice
- Milk

Cereal

- Yogurt
- Fresh Apple
- Chilled Juice
- Milk

Oatmeal Bar

- Yogurt
- Fresh Apple
- Chilled Juice
- Milk

19

Cheesy Ham and Egg Casserole

- Toast
- Banana
- Chilled Juice
- Milk

Blueberry Crumb Cake

- Banana
- Chilled Juice
- Milk

Cereal

- Toast w Margarine and Jelly
- Banana
- Chilled Juice
- Milk

Oatmeal Bar

- Toast w Margarine and Jelly
- Banana
- Chilled Juice
- Milk

20

Biscuit and Gravy

- Sausage Patty
- Chilled Juice
- Grapes
- Milk

Mini Pancakes

- Chilled Juice
- Grapes
- Milk

Cereal

- Yogurt
- Chilled Juice
- Grapes
- Milk

Oatmeal Bar

- Yogurt
- Chilled Juice
- Grapes
- Milk

Pancakes

- Chilled Juice
- Fresh Apple
- Milk

Sausage Biscuit

- Chilled Juice
- Fresh Apple
- Milk

Cereal

- Yogurt
- Chilled Juice
- Fresh Apple
- Milk

Oatmeal Bar

- Yogurt
- Chilled Juice
- Fresh Apple
- Milk

21 Day HS Breakfast Menu

Day 1	2	3	4	5
<p>Breakfast Sliders</p> <ul style="list-style-type: none"> • Fresh Orange Smiles • Chilled Juice • Milk 	<p>Sweet Roll</p> <ul style="list-style-type: none"> • Chilled Juice • Melon • Milk 	<p>Chocolate French Toast</p> <ul style="list-style-type: none"> • Apple • Chilled Juice • Milk 	<p>Cheesy Ham and Egg Casserole</p> <ul style="list-style-type: none"> • Toast • Banana • Chilled Juice • Milk 	<p>Biscuit and Gravy</p> <ul style="list-style-type: none"> • Sausage Patty • Chilled Juice • Grapes • Milk
<p>Breakfast Pizza</p> <ul style="list-style-type: none"> • Fresh Orange Smiles • Chilled Juice • Milk 	<p>Pancake Sausage Griddle</p> <ul style="list-style-type: none"> • Chilled Juice • Melon • Milk 	<p>Apple Turnover</p> <ul style="list-style-type: none"> • Apple • Chilled Juice • Milk 	<p>Blueberry Crumb Cake</p> <ul style="list-style-type: none"> • Banana • Chilled Juice • Milk 	<p>Mini Pancakes</p> <ul style="list-style-type: none"> • Chilled Juice • Grapes • Milk
<p>Cereal</p> <ul style="list-style-type: none"> • Yogurt • Fresh Orange Smiles • Chilled Juice • Milk 	<p>Cereal</p> <ul style="list-style-type: none"> • Cinnamon Toast • Chilled Juice • Melon • Milk 	<p>Cereal</p> <ul style="list-style-type: none"> • Yogurt • Apple • Chilled Juice • Milk 	<p>Cereal</p> <ul style="list-style-type: none"> • Toast w Margarine and Jelly • Banana • Chilled Juice • Milk 	<p>Cereal</p> <ul style="list-style-type: none"> • Yogurt • Chilled Juice • Grapes • Milk
<p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Yogurt • Fresh Orange Smiles • Chilled Juice • Milk 	<p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Cinnamon Toast • Chilled Juice • Melon • Milk 	<p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Yogurt • Apple • Chilled Juice • Milk 	<p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Toast w Margarine and Jelly • Banana • Chilled Juice • Milk 	<p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Yogurt • Chilled Juice • Grapes • Milk

6	7	8	9	10
<p>Pancakes</p> <ul style="list-style-type: none"> • Chilled Juice • Fresh Apple • Milk <p>Sausage Biscuit</p> <ul style="list-style-type: none"> • Chilled Juice • Fresh Apple • Milk <p>Cereal</p> <ul style="list-style-type: none"> • Yogurt • Chilled Juice • Fresh Apple { • Milk <p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Yogurt • Chilled Juice • Fresh Apple { • Milk 	<p>Oven Baked Omelet</p> <ul style="list-style-type: none"> • Toast w/ Marg & Jelly • Chilled Juice • Watermelon • Milk <p>Strawberry Shortcake Biscuit</p> <ul style="list-style-type: none"> • Chilled Juice • Watermelon • Milk <p>Cereal</p> <ul style="list-style-type: none"> • Toast w Margarine and Jelly • Chilled Juice • Watermelon • Milk <p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Toast w Margarine and Jelly • Chilled Juice • Watermelon • Milk 	<p>French Toast Casserole</p> <ul style="list-style-type: none"> • Chilled Juice • Peaches • Milk <p>Sausage Pancake on a Stick</p> <ul style="list-style-type: none"> • Yogurt • Chilled Juice • Peaches • Milk <p>Cereal</p> <ul style="list-style-type: none"> • Yogurt • Chilled Juice • Peaches • Milk <p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Yogurt • Chilled Juice • Peaches • Milk 	<p>Sweet Roll</p> <ul style="list-style-type: none"> • Chilled Juice • Pineapple • Milk <p>Breakfast Nachos</p> <ul style="list-style-type: none"> • Chilled Juice • Pineapple • Milk <p>Cereal</p> <ul style="list-style-type: none"> • Cinnamon Toast • Chilled Juice • Pineapple • Milk <p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Cinnamon Toast • Chilled Juice • Pineapple • Milk 	<p>Biscuit and Gravy</p> <ul style="list-style-type: none"> • Sausage Patty • Strawberries • Chilled Juice • Milk <p>Mini Waffles</p> <ul style="list-style-type: none"> • Strawberries • Chilled Juice • Milk <p>Cereal</p> <ul style="list-style-type: none"> • Yogurt • Strawberries • Chilled Juice • Milk <p>Oatmeal Bar</p> <ul style="list-style-type: none"> • Yogurt • Strawberries • Chilled Juice • Milk

11

Egg and Cheese Bagel

- Melon
- Chilled Juice
- Milk

Waffles

- Melon
- Chilled Juice
- Milk

Cereal

- Yogurt
- Melon
- Chilled Juice
- Milk

Oatmeal Bar

- Yogurt
- Melon
- Chilled Juice
- Milk

12

French Toast Sticks

- Chilled Juice
- Fresh Apple
- Milk

Fruit & Yogurt Parfait

- Fruit Streusel Muffin
- Chilled Juice
- Fresh Apple
- Milk

Cereal

- Cinnamon Toast
- Chilled Juice
- Fresh Apple
- Milk

Oatmeal Bar

- Cinnamon Toast
- Chilled Juice
- Fresh Apple
- Milk

13

Blueberry Sweet Roll w/Lemon Glaze

- Banana
- Chilled Juice
- Milk

Breakfast Burrito

- Banana
- Chilled Juice
- Milk

Cereal

- Yogurt
- Banana
- Chilled Juice
- Milk

Oatmeal Bar

- Yogurt
- Banana
- Chilled Juice
- Milk

14

Scrambled Eggs

- Toast w. Margarine and Jelly
- Orange Smiles
- Chilled Juice
- Milk

Chocolate Croissant

- Orange Smiles
- Chilled Juice
- Milk

Cereal

- Toast w Margarine and Jelly
- Orange Smiles
- Chilled Juice
- Milk

Oatmeal Bar

- Toast w Margarine and Jelly
- Orange Smiles
- Chilled Juice
- Milk

15

Biscuit and Gravy

- Sausage Patty
- Chilled Juice
- Grapes
- Milk

Cinnamon Streusel Coffee Cake

- Chilled Juice
- Grapes
- Milk

Cereal

- Yogurt
- Chilled Juice
- Grapes
- Milk

Oatmeal Bar

- Yogurt
- Chilled Juice
- Grapes
- Milk

16

Breakfast Sliders

- Fresh Orange Smiles
- Chilled Juice
- Milk

Breakfast Pizza

- Fresh Orange Smiles
- Chilled Juice
- Milk

Cereal

- Yogurt
- Fresh Orange Smiles
- Chilled Juice
- Milk

Oatmeal Bar

- Yogurt
- Fresh Orange Smiles
- Chilled Juice
- Milk

17

Sweet Roll

- Chilled Juice
- Melon
- Milk

Pancake Sausage Griddle

- Chilled Juice
- Melon
- Milk

Cereal

- Cinnamon Toast
- Chilled Juice
- Melon
- Milk

Oatmeal Bar

- Cinnamon Toast
- Chilled Juice
- Melon
- Milk

18

Chocolate French Toast

- Fresh Apple
- Chilled Juice
- Milk

Apple Turnover

- Fresh Apple
- Chilled Juice
- Milk

Cereal

- Yogurt
- Fresh Apple
- Chilled Juice
- Milk

Oatmeal Bar

- Yogurt
- Fresh Apple
- Chilled Juice
- Milk

19

Cheesy Ham and Egg Casserole

- Toast
- Banana
- Chilled Juice
- Milk

Blueberry Crumb Cake

- Banana
- Chilled Juice
- Milk

Cereal

- Toast w Margarine and Jelly
- Banana
- Chilled Juice
- Milk

Oatmeal Bar

- Toast w Margarine and Jelly
- Banana
- Chilled Juice
- Milk

20

Biscuit and Gravy

- Sausage Patty
- Chilled Juice
- Grapes
- Milk

Mini Pancakes

- Chilled Juice
- Grapes
- Milk

Cereal

- Yogurt
- Chilled Juice
- Grapes
- Milk

Oatmeal Bar

- Yogurt
- Chilled Juice
- Grapes
- Milk

Pancakes

- Chilled Juice
- Fresh Apple
- Milk

Sausage Biscuit

- Chilled Juice
- Fresh Apple
- Milk

Cereal

- Yogurt
- Chilled Juice
- Fresh Apple
- Milk

Oatmeal Bar

- Yogurt
- Chilled Juice
- Fresh Apple
- Milk