October 2022

Monday Tuesday Wednesday Thursday Friday

5

12

19

26

No School Today
Breakfast Sausage Patty
Waffles
Cereal Variety
Fruit Cup
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free
Ham

Whole Grain Biscuit

Muffins
Cereal Variety
Fruit Cup
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free
Pancakes
Sausage Link
Milk Vanilla Fat Free

4

11

18

25

Pancake on a Stick
Cereal Variety
Apple Wedges
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free
Muffins
Fruit Cup

Breakfast Pizza Sausage
Cereal Variety
Grapes
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free
CHEESE TOAST
Fruit Cup

6

13

20

27

Breakfast Sausage Patty
Waffles
Cereal Variety
Fruit Cup
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free
Scrambled Eggs
Whole Wheat Toast
Milk Vanilla Fat Free

10

3

No School Today
Breakfast Sausage Patty
Waffles
Cereal Variety
Fruit Cup
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free

Muffins
Cereal Variety
Fruit Cup
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free

Pancake on a Stick
Cereal Variety
Apple Wedges
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free

Breakfast Pizza Sausage
Cereal Variety
Grapes
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free

Breakfast Sausage Patty
Waffles
Cereal Variety
Fruit Cup
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free

17

No School Today
Breakfast Sausage Patty
Waffles
Cereal Variety
Fruit Cup
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free
Sausage Biscuit
Applesauce

Ham
Whole Wheat Toast
Cereal Variety
ORANGES HALVES
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free
Muffins
Fruit Cup

Breakfast Sausage Patty
Grits
Cereal Variety
Fresh Fruit
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free
Breakfast Pizza Sausage
Grapes

Breakfast Pizza Sausage
Cereal Variety
Fresh Fruit
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free
Pancake on a Stick
Apple Wedges

Breakfast Sausage Patty
Grits
Scrambled Eggs
Cereal Variety
Fresh Fruit
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free
Waffles
Fruit Cup

28

24

Breakfast Sausage Patty
Waffles
Cereal Variety
Fruit Cup
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free
Dutch Waffle
Fresh Fruit

Grits
Breakfast Sausage Patty
Muffins
Cereal Variety
Fruit Cup
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free
Fresh Fruit

Breakfast Pizza Sausage Cereal Variety Grapes Juice Variety Milk 1% Milk Chocolate Fat Free Milk Strawberry Fat Free

Pancake on a Stick
Cereal Variety
Apple Wedges
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free
Sausage Link
French Toast Sticks

Cheesy Breakfast Bowl
Cereal Variety
Fruit Cup
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free
Ham
Peach Cobbler Biscuit
Fresh Fruit

31

Pancake on a Stick
Cereal Variety
Apple Wedges
Juice Variety
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free

31