

Williamsburg County School District K-8 Menu

October 2022

Monday

3

Chef Salad
GROUND BEEF & MACARON
I (MEX)
Baked Potato Bar
Bread Stick
Steamed Broccoli
Carrot Raisin Salad
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free

Tuesday

4

Chef Salad
Popcorn Chicken
French Fries
Carrot Sticks
Sliced Peaches
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free
BBQ Sauce
KETCHUP: individual

Wednesday

5

Chef Salad
Chicken Patty on Bun
Corn On Cob
Collard Greens
Tossed Salad
Spice Cake
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free
KETCHUP: individual
MUSTARD: individual PC
MAYONNAISE:individual PC

Thursday

6

Chef Salad
Lasagna with Ground Beef
Tossed Salad
Vegetables Blend Orienta
W.W. Bread Stick
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free

Friday

7

Chef Salad
Chicken Po Boy
Curly Fries
Lettuce & Tomato
Green Peas
Fresh Fruit
Fruit Cup
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free
Green Peas
KETCHUP: individual
MUSTARD: individual PC
MAYONNAISE:individual PC

10

Chef Salad
Chicken Tetrizzini BR MS550
Steamed Broccoli
Orange Glazed Carrots
BANANA BREAD SQUARES
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Strawberry Fat Free
Milk Chocolate Fat Free

11

Chef Salad
Beef Nachos
Mexicali Corn
Applesauce Cake
Lettuce & Tomato
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Strawberry Fat Free
Milk Chocolate Fat Free

12

Chef Salad
Spicy Chicken
Fried Rice
Vegetables Blend Orienta
Whole Wheat Roll
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Strawberry Fat Free
Milk Chocolate Fat Free

13

Chef Salad
Chicken Patty on Bun
Corn On Cob
Collard Greens
Tossed Salad
Spice Cake
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free
KETCHUP: individual
MUSTARD: individual PC
MAYONNAISE:individual PC

14

Chef Salad
Turkey & Cheese Hoagie
Ham & Cheese on Bun
Collard Greens
Baked Chips
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free

17

Chicken & Waffles
Bake Sweet Potatoes& Apples
Collard Greens
Corn, Kernal
Pears
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Strawberry Fat Free
Milk Chocolate Fat Free

18

Chili Beans w/Beef/Fritos/Chz
Lettuce & Tomato
Corn On Cob
Collard Greens
Spice Cake
Pears
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Strawberry Fat Free
Milk Chocolate Fat Free

19

Baked Chicken
Brown Rice Pilaf
Brown Gravy
Green Peas
Sweet Potatoes 6 Canned
Whole Wheat Roll
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Strawberry Fat Free
Milk Chocolate Fat Free

20

Beef & Broccoli
Brown Rice Pilaf
Vegetable Egg Roll
Orange Glazed Carrots
Sliced Peaches
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free

21

BBQ Pork on Bun
Cole Slaw
Baked Beans
Pineapple Tidbits
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free

24

Chef Salad
Cheeseburger on Bun
Beans, Baked
Steamed Broccoli
Lettuce & Tomato
Pears
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free
KETCHUP: individual
MUSTARD: individual PC
MAYONNAISE:individual PC

25

Chef Salad
GROUND BEEF & MACARON
I (MEX)
Baked Potato Bar
Bread Stick
Steamed Broccoli
Carrot Raisin Salad
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free

26

Chef Salad
Popcorn Chicken
French Fries
Carrot Sticks
Sliced Peaches
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free

27

Chef Salad
Country Fried Steak
Mashed Potatoes
Steamed Broccoli
Whole Wheat Roll
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free

28

Turkey & Cheese Hoagie
Steamed Broccoli
Carrot Raisin Salad
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Chocolate Fat Free
Milk Strawberry Fat Free

Chicken&Sausage Jambalaya
Green Beans
Corn, Kernal
Cornbread
Fruit Cocktail
Fresh Fruit
Milk 1%
Milk Vanilla Fat Free
Milk Chocolate Fat Free
Milk Strawberry Fat Free

