

The Center Served by Premise Health logo

Suddenly feel ill? Having trouble getting into your primary care physician? Want to talk to someone before starting a new weight loss or exercise program? Interested in smoking cessation? The Center can help because it's all about you! Our providers and wellness team are focused on helping improve your wellness.

Health concerns are as much a part of your life at work as they are at home. The Center is a convenient, affordable option to all employees, spouses, dependents (age 2+), and domestic partners covered by the City of Knoxville health plan. Service price ranges from \$10 – free and you can use your wage works card!

The Center provides a wide range of services to meet your needs:

Acute/urgent care medical care for injuries and illnesses

Some chronic disease management, depending on co-morbidities

Skin cancer screenings, shave biopsy available

Sports / daycare worker / adoption / foster care physicals

Wellness / dietary / nutrition coaching

Condition management, diabetes education and assistance

Smoking cessation visits and medication management

Laboratory services

EKG

X-ray, limited scope

Audiogram

Spirometry

Immunizations (Influenza, Tdap, Td) and allergy shots

On-site pre-packed medication, limited selection

Annual My Health biometric and laboratory services

Personal exercise prescriptions and follow-up

For services not available, The Center staff will work with BCBS to arrange care from outside providers.

Occupational Services:

Injury and illness medical management

Medical surveillance, exams and testing

Annual fit for duty physicals

Fit for duty exams requested by the department

New hire physicals

Physical Therapy

Work Hardening / Work Conditioning Programs

Immunizations specific to work duties (Hepatitis B, Hepatitis A, Rabies, Tdap, Td, MMR)

Privacy:

One of our most important responsibilities is to ensure the security of private information. Premise Health maintains all of your records, and we follow the same state and federal laws as any healthcare organization. We can't share any information without your permission, unless it pertains directly to a workplace injury or illness.

Location:

3131 Morris Avenue

Knoxville, TN 37909

1st floor of the Public Works Building, enter from Harris Avenue

Contact:

If you have a portal account, visit www.MyPremiseHealth.com, use the My Premise Health app, or call directly at 865-215-6150.