

Horry County Schools
MIDDLE BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Oct - 2</p> <p>Cereal Cups 2 OZ GRITS, PLAIN SAUSAGE LINK PORK TOAST, Whole Wheat MILK CHOCOLATE MILK WHITE PEACHES 1/2 CUP SLIC FRESH FRUIT 100 % Fruit Juice</p>	<p>Oct - 3</p> <p>Cereal Cups 2 OZ TOAST, Whole Wheat PANCAKES SAUSAGE PATTY-PORK MILK CHOCOLATE MILK WHITE FRESH FRUIT PINEAPPLE 1/2 CUP JUICE, ORANGE 4 OZ Pancake Syrup</p>	<p>Oct - 4</p> <p>Cereal Cups 2 OZ Eggoji Waffles Pancake Syrup YOGURT IND MOZZARELLA STRING C MILK WHITE MILK CHOCOLATE PEACHES 1/2 CUP DICE FRESH FRUIT 100 % Fruit Juice</p>	<p>Oct - 5</p> <p>Cereal Cups 2 OZ Omelet Cheddar Cheese SAUSAGE LINK PORK TOAST, Whole Wheat MILK, WHITE MILK CHOCOLATE FRESH FRUIT PEACHES 1/2 CUP DICE 100 % Fruit Juice</p>	<p>Oct - 6</p> <p>Cereal Cups 2 OZ CHICKEN BISCUIT Cup of Donuts MILK CHOCOLATE MILK WHITE FRESH FRUIT ORANGES, Mandarin 1/2 100 % Fruit Juice</p>
<p>Oct - 9</p> <p>Cereal Cups 2 OZ GRITS, PLAIN SAUSAGE PATTY-PORK TOAST, Whole Wheat MILK CHOCOLATE MILK WHITE PEACHES 1/2 CUP SLIC FRESH FRUIT 100 % Fruit Juice</p>	<p>Oct - 10</p> <p>Cereal Cups 2 OZ Mini Strawberry Pancakes SAUSAGE PATTY-PORK MILK CHOCOLATE MILK WHITE FRESH FRUIT PINEAPPLE 1/2 CUP JUICE, ORANGE 4 OZ Pancake Syrup</p>	<p>Oct - 11</p> <p>Cereal Cups 2 OZ TOAST, Whole Wheat YOGURT IND BLUEBERRY MUFFIN MILK WHITE MILK CHOCOLATE PEACHES 1/2 CUP DICE FRESH FRUIT 100 % Fruit Juice</p>	<p>Oct - 12</p> <p>Cereal Cups 2 OZ TOAST, Whole Wheat BREAKFAST PIZZA MILK, WHITE MILK CHOCOLATE FRESH FRUIT PEACHES 1/2 CUP DICE 100 % Fruit Juice</p>	<p>Oct - 13</p> <p>Cereal Cups 2 OZ Toast, Cheese CHICKEN BISCUIT MILK CHOCOLATE MILK WHITE FRESH FRUIT ORANGES, Mandarin 1/2 100 % Fruit Juice</p>
<p>Oct - 16</p> <p>Pancake Bites Loaded Breakfast Bowl TOAST, Whole Wheat MILK CHOCOLATE MILK WHITE FRESH FRUIT PEACHES 1/2 CUP SLIC 100 % Fruit Juice</p>	<p>Oct - 17</p> <p>Cereal Cups 2 OZ Pillsbury Mini Waffles MILK CHOCOLATE MILK WHITE FRESH FRUIT PEACHES 1/2 CUP DICE JUICE, ORANGE 4 OZ</p>	<p>Oct - 18</p> <p>Mini Blueberry Pancakes SAUSAGE BISCUIT MILK CHOCOLATE MILK WHITE FRESH FRUIT PINEAPPLE 1/2 CUP 100 % Fruit Juice</p>	<p>Oct - 19</p> <p>Cereal Cups 2 OZ French Toast Sticks Sausage Chix Patty MILK WHITE MILK CHOCOLATE FRESH FRUIT PEACHES 1/2 CUP DICE 100 % Fruit Juice Pancake Syrup</p>	<p>Oct - 20</p> <p>MOZZARELLA STRING C Blueberry Muffin PANCAKE PUPS MILK CHOCOLATE MILK WHITE FRESH FRUIT ORANGES, Mandarin 1/2 100 % Fruit Juice</p>

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Horry County Schools
MIDDLE BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Oct - 23</p> <p>Cereal Cups 2 OZ GRITS, PLAIN SAUSAGE LINK PORK TOAST, Whole Wheat MILK CHOCOLATE MILK WHITE PEACHES 1/2 CUP SLIC FRESH FRUIT 100 % Fruit Juice</p>	<p>Oct - 24</p> <p>Cereal Cups 2 OZ TOAST, Whole Wheat Mini Maple Pancakes SAUSAGE PATTY-PORK MILK CHOCOLATE MILK WHITE FRESH FRUIT PINEAPPLE 1/2 CUP JUICE, ORANGE 4 OZ Pancake Syrup</p>	<p>Oct - 25</p> <p>Cereal Cups 2 OZ TOAST, Whole Wheat YOGURT IND MOZZARELLA STRING C MILK WHITE MILK CHOCOLATE PEACHES 1/2 CUP DICE FRESH FRUIT 100 % Fruit Juice</p>	<p>Oct - 26</p> <p>Cereal Cups 2 OZ Omelet Cheddar Cheese SAUSAGE LINK PORK TOAST, Whole Wheat MILK, WHITE MILK CHOCOLATE FRESH FRUIT PEACHES 1/2 CUP DICE 100 % Fruit Juice</p>	<p>Oct - 27</p> <p>Cereal Cups 2 OZ Toast, Cheese CHICKEN BISCUIT MILK CHOCOLATE MILK WHITE FRESH FRUIT ORANGES, Mandarin 1/2 100 % Fruit Juice</p>
<p>Oct - 30</p> <p>Cereal Cups 2 OZ GRITS, PLAIN SAUSAGE PATTY-PORK TOAST, Whole Wheat MILK CHOCOLATE MILK WHITE PEACHES 1/2 CUP SLIC FRESH FRUIT 100 % Fruit Juice</p>	<p>Oct - 31</p> <p>Cereal Cups 2 OZ Apple Breakfast Bites SAUSAGE PATTY-PORK MILK CHOCOLATE MILK WHITE FRESH FRUIT PINEAPPLE 1/2 CUP JUICE, ORANGE 4 OZ Pancake Syrup</p>			

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Horry County Schools MIDDLE SCHOOL LUNCH

Sep 20, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2	Oct - 3	Oct - 4	Oct - 5	Oct - 6
Teriyaki Chicken Bowl BROCCOLI Steam 1/2 cu WHITE WHEAT ROLLS 2 CARROTS, ROASTED Yum Yum Sauce CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU	TACO'S Beef (SOFT SHE LET/TOM SHREDDED Seasoned Pinto Beans Salsa SOUR CREAM IND TACO SAUCE CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Lunchable Pizza Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU	Chicken Tenders CORN , BUTTERED 1/2 C FRENCH FRIES Crinkle 1/ Ketchup Pod Honey Mustard DRESSING, Ranch 1 OZ CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Chicken Filet Fresh Fruit Assorted Veggie Nibblers MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG MAYONNAISE INDIVIDU	Chicken Bog Green Beans SWEET POTATO PATTY WHITE WHEAT ROLLS 2 CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Lunchable Turkey Chedda Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU	Pizza Crunchers GARDEN Salad 1/2 Cup Honey Mustard DRESSING, Ranch 1 OZ RIPS Slushy CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG MAYONNAISE INDIVIDU

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 9	Oct - 10	Oct - 11	Oct - 12	Oct - 13
Chicken Chunks MASHED Potato's WHITE WHEAT ROLLS 2 CORN , BUTTERED 1/2 C GRAVY, BROWN (BEEF) CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU	NACHO'S Grande CORN , BUTTERED 1/2 C Seasoned Pinto Beans LET/TOM SHREDDDED SOUR CREAM IND TACO SAUCE CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Lunchable Pizza Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU	Bosco Cheese Sticks FRENCH FRIES Crinkle 1/ BROCCOLI Steam 1/2 cu Ketchup Pod CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU	BAKED BEEF ZITI GARDEN Salad 1/2 Cup Green Beans GARLIC BREAD Honey Mustard DRESSING, Ranch 1 OZ CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Lunchable Turkey Chedda Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG MAYONNAISE INDIVIDU	Bacon CHEESEBURGER BAKED BEANS 1/2 CUP Pótato Roasters RIPS Slushy CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Chicken Filet Fresh Fruit Assorted Veggie Nibblers MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 16	Oct - 17	Oct - 18	Oct - 19	Oct - 20
Chicken Bacon Ranch Ma CORN , BUTTERED 1/2 C CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU	Dorito Walking Taco LET/TOM SHREDDDED Black Bean Salsa Salsa SOUR CREAM IND TACO SAUCE CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Lunchable Pizza Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU	Chicken Filet ONION RINGS Green Beans Ketchup Pod RIPS Slushy CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Fresh Fruit Assorted Veggie Nibblers MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU	Chicken Parmesan CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Lunchable Turkey Chedda Chicken Filet BREADSTICK CORN , BUTTERED 1/2 C Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU	Cheesy Bites/Marinara GARDEN Salad 1/2 Cup BROCCOLI Steam 1/2 cu CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 23	Oct - 24	Oct - 25	Oct - 26	Oct - 27
Teriyaki Chicken Bowl BROCCOLI Steam 1/2 cu WHITE WHEAT ROLLS 2 CARROTS, ROASTED Yum Yum Sauce CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU	TACO'S Beef (SOFT SHE LET/TOM SHREDDED Seasoned Pinto Beans Salsa SOUR CREAM IND TACO SAUCE CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Lunchable Pizza Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU	Chicken Tenders CORN , BUTTERED 1/2 C FRENCH FRIES Crinkle 1/ Ketchup Pod Honey Mustard DRESSING, Ranch 1 OZ CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Chicken Filet Fresh Fruit Assorted Veggie Nibblers MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG MAYONNAISE INDIVIDU	Chicken Bog Green Beans SWEET POTATO PATTY WHITE WHEAT ROLLS 2 CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Lunchable Turkey Chedda Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU	Pizza Crunchers GARDEN Salad 1/2 Cup Honey Mustard DRESSING, Ranch 1 OZ RIPS Slushy CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG MAYONNAISE INDIVIDU

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Oct - 30 Chicken Chunks MASHED Potato's WHITE WHEAT ROLLS 2 CORN , BUTTERED 1/2 C GRAVY, BROWN (BEEF) CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU	Oct - 31 NACHO'S Grande CORN , BUTTERED 1/2 C Seasoned Pinto Beans LET/TOM SHREDDED SOUR CREAM IND TACO SAUCE CHEF SAL Turkey Medalli Crispy Chicken Chef Personal Cheese Pizza PIZZA PEP WEDGE NAR PB CRUSTABLES 5.3 Lunchable Pizza Chicken Filet Fresh Fruit Assorted Veggie Nibblers 100 % Fruit Juice MILK CHOCOLATE MILK WHITE DRESSING, RANCH LIG Honey Mustard MAYONNAISE INDIVIDU			

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