

Rogers C. Anderson
Williamson County Mayor



Leslie Mitchell, CPPO, CPPB
Purchasing Agent

WILLIAMSON COUNTY GOVERNMENT

December 14, 2018

To Whom It May Concern:

Williamson County accepting bids for the purchase, delivery and set up of new, unused weight equipment. Delivery address is Fairview Recreation Complex, 2714 Fairview Blvd West, Fairview, TN 37062. Minimum bid specifications are enclosed. Please note any exceptions to the bid.

It is not the intent of Williamson County to favor one vendor; however, we do, from time to time, have to rely on vendors' help in writing specifications. We will accept all bids with exceptions noted, and all bids will be given equal consideration.

Bids will be opened Tuesday, January 8, 2019, 2:00 p.m. Bids must be submitted in a sealed envelope to the County Mayor's Office, 1320 West Main Street, Suite 125, Franklin, TN 37064. Each envelope should be plainly marked: **Weight Equipment, January 8, 2019, 2:00 p.m. Envelope must also include bidder's company name. IF THE SEALED PACKAGE IS NOT LABELED EXACTLY AS SPECIFIED ABOVE, THE BID WILL NOT BE OPENED.**

Williamson County reserves the right to reject any and/or all proposals, to waive technicalities or informalities, and to accept any proposal deemed to be in the best interest of Williamson County. **No bid shall be valid unless signed.** No bid shall be accepted by FAX machine.

Enclosed is an *Ethical Standards Affidavit*, *Iran Divestment Act Affidavit*, *Fair Employment Affidavit*, *Immigration Attestation and Immigration Compliance Affidavit*, and *Business Tax and License Affidavit*. Please complete these documents and return them with your bid.

If you have any questions, please e-mail lesliem@williamson-tn.org. All questions must be submitted in writing by 4:30 p.m. CST on January 2, 2019. No addenda will be issued within 48 hours of the bid opening date and time.

Sincerely,

Leslie Mitchell, CPPO, CPPB
Purchasing Agent



**Minimum Specifications
Commercial Weight Equipment
Williamson County Parks & Recreation Department**

SCOPE: The Purchase, Delivery and Set Up of new, unused Weight Equipment as specified within.

Must have License to sell Hoist Products in Tennessee, and must be an authorized dealer and repair dealer in Tennessee.

Individual pricing will be required on equipment.

Equipment chosen will be looked at closely for room aesthetics, uniformity, equipment maintenance, and performance compatibility. We want the same line of strength-weight equipment throughout the weight room.

DELIVERY ADDRESS: Fairview Recreation Center
2714 Fairview Blvd West
Fairview, TN 37062
Contact: Frank Hubbuch
(615) 790-5719 ext 2014

BID PRICE HOLDING: ANSWER QUESTION ON BID SHEET

DELIVERY/SET UP:

Awarded Bid must meet a delivery and installation date tentatively set for March 25, 2019.

A maximum of 5 days will be allowed for delivery and set up of equipment.

WARRANTY:

For All Equipment

- Body/Frame 10 years
- Structural Moving Parts 5 years
- Bearings, Bushings, Pulleys 3 years
- Upholstery, Powder Coating, Cables 1 year

EQUAL PRODUCTS:

Vendors bidding Equal Products **MUST** submit Full Specification Sheets for equipment being bid with sealed bid.

EQUIPMENT:

All EQUIPMENT shall meet the following Specifications.

- Frame Color – Platinum, electro-statically applied powder coat paint
- Upholstery – Contract Grade 36 ounce fabric
- Upholstery Color – Black
- Using ROX Technology, on applicable equipment
- Bilateral and Unilateral exercise movements
- Step Through design
- Primary Frame constructed of 2” x 4” & 2” x 3” rectangle steel tubing and 4 ½” and 3” round steel tubing
- Full Commercial
- Silent Steel Weight Stacks, on applicable equipment
- Enclosed Weight Stacks
- Guide rods to be free floating so they will align during movement; free floating ends rest on bushings to prevent metal to metal contact

HOIST – CHIN/DIP ASSIST – RS-1700 or Equal

- Weight Stack – 380 LBS.
- Offers 14 exercise variations, 7 with assistance, and 7 without
- Flip ‘N Grip handles that allow users to perform neutral grip pull-ups and narrow grip chin-ups
- Rock-climbing handles that develop wrist, arm, and shoulder strength
- Foot plate adjusts to accommodate assisted and unassisted exercise positions

HOIST – ROTARY TORSO – RS-1602 or Equal

- Weight Stack – 128 LBS.
- Starting positions in 40, 60, 80, and 100 degrees from “face forward”
- Chest pad adjusts to accommodate varied torso length
- Stabilizing handles offer upper body support to minimize low back stress
- Ergonomic kneeling pad minimizes low back stress

- The “R” option incorporates an unstable base, creating more challenge for user’s core muscles
- Self-aligning starting position

HOIST – ABDOMINAL – RS-1601 or Equal

- Weight Stack – 345LBS.
- Seat pad can be locked in place or unlocked for pivoting movement
- Pivoting seat pad provides multiple abdominal exercises and results in greater activation of the core musculature starts the body in an upright posture with the exercise handles overhead to pre-stretch the abdominal muscles
- Rocking movement lowers the hips to increase the involvement of the abdominal muscles to produce trunk function
- Designed to offer constant lumbar, thoracic and cervical support to avoid hyperextension or unnatural loading of the spine
- Avoid the excessive hip flexion unlike traditional ab machines
- Self-aligning starting position

HOIST – LAT PULLDOWN – RS-1201 or Equal

- Weight Stack – 345 LBS.
- Self-aligning handles automatically adjust to the user while the forward, unsupported movement of the torso results in greater activation of the core musculature
- Multiple grip positions accommodate varying body sizes and arm lengths
- Starts the body in a slight forward lean, increasing the muscle stretch
- Pull movement lifts the seat while rocking the body rearward mimicking a natural pull up movement and avoiding unsafe lower back hyperextension
- Patented counter-balanced exercise arm
- Adjustable thigh pad secures legs during exercise

HOIST – SEATED MID ROW – RS-1203 or Equal

- Weight Stack – 345 LBS.
- Self-aligning exercise arm allows the user to pull the handles down into a low row position to recruit more mid and lower back muscles
- Swiveling handles provide pronated, neutral and supinated grip positions
- Pull movement lifts the seat while rocking the body rearward to avoid unsafe lower back hyperextension
- Unsupported movement of the torso results in greater activation of the core musculature to maintain balance
- No adjustments necessary
- Self-aligning starting position

HOIST – SHOULDER PRESS – RS-1501 or Equal

- Weight Stack – 338 LBS.
- Designed to place the hands in neutral grip position to reduce potential shoulder impingements
- Starts the exercise handles positioned in front of the body, then rocks rearward positioning the handles overhead to mimic the natural movement of a dumbbell shoulder press
- Rocking movement aligns the user's arm with the midline of their torso to decrease the external rotation of the arm and shoulder and reduce lower back arching
- Ratcheting seat adjustment

HOIST – SEATED DIP – RS-1101 or Equal

- Weight Stack – 345 LBS.
- Functional movement for triceps muscle
- Starts the body in slight forward lean, then rocks rearward to a stable exercise position
- Pivoting exercise handles provide proper positioning and reduce excessive shoulder stress and instability
- Naturally mimics the exercise motion of a bar dip
- Ratcheting seat adjustment

HOIST – CHEST PRESS – RS-1301 or Equal

- Weight Stack – 345 LBS.
- Contoured press arm handles provide multiple grip positions
- Foot assist bar facilitates optimal positioning of press arm handles to control the degree of exercise pre-stretch
- Starts with the exercise handles positioned at chest level, then rocks rearward to align the handles with the chin mimicking the natural angular or arched movement of a bench press
- Designed to reduce the stresses placed upon the anterior shoulder capsule associated with horizontal extension and internal rotation of the arm
- Ratcheting seat adjustment

HOIST – LEG CURL – RS-1402 or Equal

- Weight Stack – 360 LBS.
- Gas shock assisted adjustable back pad accommodates varying leg lengths
- Self-aligning roller pad automatically adjusts to reduce potential stress of the ankle joints
- Adjustable shin pad creates a natural hinge movement and reduces shearing forces and stresses to the knee joints
- Starts the body in a upright posture, then rocks rearward during the exercise providing a greater range-of-motion and a more natural hinge movement
- Rocking movement lowers the hips to prevent forward travel of the body during contraction unlike traditional leg curl machines
- Labeled pivot alignment points
- Self-aligning starting position

HOIST – BICEPS CURL – RS-1102 or Equal

- Weight Stack – 345 LBS.
- Cable-driven exercise movement automatically adjusts to accommodate varying arm lengths and shoulder widths
- Swiveling pulleys provide pronated, neutral or supinated grip positions

- Starts the body in an upright posture to improve arm extension for biceps recruitment, then rocks rearward during the exercise to reduce shoulder and back involvement
- Rocking motion mimics the natural movement of a standing barbell/dumbbell curl without involving the lower back
- Self-aligning starting position

HOIST – PRONE LEG CURL – RS 1408 or Equal

- Weight Stack – 178 LBS.
- Range of motion adjustment accommodates starting position of ankle pad
- Ankle pad adjustments

HOIST – INNER/OUTER THIGH – HD-3800 or Equal

- Weight Stack – 180 LBS.
- Adjustable-angle back pad to accommodate varying flexibility and body sizes
- Thigh Pads swivel for each exercise position
- Exercise Arms can be adjusted from the user position
- Multiple range-of-motion adjustments for both exercises

HOIST – LEG PRESS/CALF RAISE – HD-3403 or Equal

- Weight Stack – 280 LBS.
- Eleven linear seat adjustments to accommodate varying leg lengths
- Large oval foot plate provides multiple foot placement for both leg press and calf exercises
- Step through design

HOIST – PEC FLY/REAR DELT – HD-3900 or Equal

- Weight Stack – 310 LBS.
- Swiveling handles with rotating grips provide multiple hand positions
- Adjustable range-of-motion exercise arms for pec fly or rear delt exercises

- Each exercise arm has dual pivots for user defined exercise path
- Seven seat pad adjustments for varying user heights

HOIST – Dual Pulley Functional Trainer – HD-3000 or Equal

- Weight Stack – 2 x 200 LBS.
- 28 pulley positions placed at 2” increments
- Allows for bilateral exercises and unilateral exercises when connected to both cables
- Space efficient corner design
- Integrated accessory rack, handle and ankle strap included
- Dual graduated Silent Steel weight stacks, totaling 135 lbs. each, with 67.5 lbs. applied resistance

HOIST – LEG PRESS – CF-3355 or Equal

- Back pad adjusts to five different positions
- Assist bar positioned on footplate for easy entry/exit
- Dual turn lock-outs for user safety
- Fully enclosed linear bearing allows for a smooth and quiet motion
- Polyurethane covered weight racks to protect frame and reduce noise
- Can accommodate up to 26 weight plates on integrated exercise weight horns
- Integrated weight storage
- Maximum weight storage capacity: 720 lbs
- Maximum exercise weight capacity: 1,000 lbs

HOIST – 7 DEGREE SMITH – CF-3753 or Equal

- Weight capacity – 1,350 LBS.
- 7 degree angle on linear movement
- Easy lock latching mechanism- automatically locks and unlocks weight bar and safety stops
- Easy one-handed adjustable safety stops
- Incorporates 10 weight plate holders for easy storage
- Starting weight of Olympic bar: 25 LBS.
- Maximum weight storage capacity: 1,350 lbs
- Maximum exercise weight capacity: 540 lbs

BID SHEET
Wellness/Weight Equipment
Williamson County
Parks & Recreation Department

PRICE PER UNIT WHICH IS TO INCLUDE DELIVERY AND SETUP

- (1)HOIST – CHIN DIP ASSIST – RS-1700 or Equal \$ _____
- (1)HOIST – ROTARY TORSO – RS-1602 or Equal \$ _____
- (1)HOIST – ABDOMINAL – RS-1601 or Equal \$ _____
- (1)HOIST – LAT PULL DOWN – RS-1201 or Equal \$ _____
- (1)HOIST – SEATED MID ROW – RS-1203 or Equal \$ _____
- (1)HOIST – SHOULDER PRESS – RS-1501 or Equal \$ _____
- (1)HOIST – SEATED DIP – RS-1101 or Equal \$ _____
- (1)HOIST – CHEST PRESS – RS-1301 or Equal \$ _____
- (1)HOIST – LEG CURL – RS-1402 or Equal \$ _____
- (1)HOIST – BICEPS CURL – RS-1102 or Equal \$ _____
- (1)HOIST – PRONE LEG CURL – RS-1408 or Equal \$ _____
- (1)HOIST – INNER/OUTER THIGH – HD-3800 or Equal \$ _____
- (1)HOIST – LEG PRESS/CALF RAISE – HD-3403 or Equal \$ _____
- (1)HOIST – PEC FLY/REAR DELT – HD-3900 or Equal \$ _____
- (1)HOIST – DUAL PULLEY FUNCTIONAL TRAINER – HD-3000 or Equal \$ _____

**IMMIGRATION ATTESTATION
AND IMMIGRATION COMPLIANCE ACT AFFIDAVIT**

CONTRACTOR'S LEGAL ENTITY NAME _____

CONTRACTOR'S TENNESSEE LICENSE NUMBER _____

The Contractor, identified above, does hereby attest, certify, warrant, and assure that the Contractor shall not knowingly utilize the services of an illegal immigrant in the performance of the Agreement and shall not knowingly utilize the services of any subcontractor who will utilize the services of an illegal immigrant in the performance of any Services under this Agreement.

By executing this affidavit, the undersigned person or entity verifies its compliance with the Tennessee Lawful Employment Act codified at *Tennessee Code Annotated, Section 50-1-701, et. seq.*, stating affirmatively that the Contractor which is contracting with Williamson County government has registered with and is participating in the federal work authorization program commonly known as E-Verify or has obtained and maintains copies of the required documents in accordance with the applicable provisions of the Tennessee Lawful Employment Act.

The Contractor further agrees that it will continue to comply with all provisions of the Tennessee Lawful Employment Act, and it will contract for the physical performance of services in satisfaction of such contract only with subcontractors who comply with the applicable provisions of the Tennessee Lawful Employment Act.

The undersigned person or entity further agrees to maintain records of the documents or of such compliance including documentation for all subcontractor(s) retained to perform such service on behalf of the Contractor for the minimum period provided in the Tennessee Lawful Employment Act.

BY: Authorized Officer or Agent Date
(Name of Person or Entity)

Title of Authorized Officer or Agent

Printed Name of Authorized Officer or Agent

Witness: _____

Date: _____

Business Tax and License Affidavit

Business Tax and License Affidavit. The undersigned, ("Affiant"), states that he/she has the legal authority to swear to this on behalf of _____, ("Contractor"); that Contractor is not in any manner in violation of *Tennessee Code Annotated, Section, 5-14-108(l)* which provides that "(n)o purchase shall be made or purchase order or contract of purchase issued for tangible personal property or services by county officials or employees, acting in their official capacity, from any firm or individual whose business tax or license is delinquent." Affiant affirms and warrants that Contractor's licenses are currently valid and all business taxes have been paid and are current as of the date of this affidavit. Contractor is licensed and pays business taxes in _____ (County), Tennessee.

Affiant

By: _____

Title: _____

Date: _____

Witness: _____

Date: _____

Ethical Standard Affidavit.

State of Tennessee

County of Williamson County

Ethical Standard Affidavit. After first being duly sworn according to law, the undersigned ("Affiant") states that he/she has the legal authority to swear to this on behalf of _____ ("Contractor") that no part of any other governmental monies provided for the services or products contemplated in this Agreement which was received from the State of Tennessee and/or Williamson County shall be paid directly to an employee or official of the State of Tennessee or Williamson County as wages, compensation, or gifts in exchange for acting as an officer, agent, employee, subcontractor, or consultant to the County or the Contractor in connection with any work contemplated or performed relative to this Agreement. Affiant and Contractor further swears that no federally, state, or county appropriated funds have been paid or will be paid, by or on behalf of the Contractor, to any person for influencing or attempting to influence an officer or employee of any agency, a Member of Congress, any employee of the State of Tennessee, or employee of Williamson County in connection with the awarding of any federal, state, or county contract, the making or awarding of any government grant, the making of any government loan, and entering into of any cooperative agreement, and the extension, continuation, renewal, amendment, or modification of any federal, state or county contract, grant, loan, or cooperative agreement.

Affiant

By: _____

Title: _____

Witness: _____

Date: _____

**CERTIFICATION OF COMPLIANCE WITH
THE IRAN DIVESTMENT ACT**

Effective July 1, 2016, this form must be submitted for any contract that is subject to the Iran Divestment Act, Tenn. Code Ann. § 12-12-101, et seq., ("Act"). This form must be submitted with any bid or proposal regardless of where the principal place of business is located.

Pursuant to the Act, this certification must be completed by any corporation, general partnership, limited partnership, limited liability partnership, joint venture, nonprofit organization, or other business organization that is contracting with a political subdivision of the State of Tennessee.

Certification Requirements.

No state agency or local government shall enter into any contract subject to the Act, or amend or renew any such contract with any bidder/contractor who is found ineligible under the Act.

Complete all sections of this certification and sign and date it, under oath, in the presence of a Notary Public or a person authorized to take an oath in another state.

CERTIFICATION:

I, the undersigned, certify that by submission of this bid, each bidder and each person signing on behalf of any Respondent certifies, and in the case of a joint bid or contract each party thereto certifies, as to its own organization, under penalty of perjury, that to the best of its knowledge and belief that each bidder is not on the list created pursuant to Tenn. Code Ann. § 12-12-106.

Respondent represents it has the full power, knowledge, and authority to make this Certification and that the signatory signing this Certification on behalf of bidder/contractor has been duly authorized to do so on behalf of the bidder/contractor.

Sworn as true to the best of my knowledge and belief, subject to the penalties of false statement.

Printed Respondent Name Printed Name of Authorized Official

Signature of Authorized Official

Witness: _____

Date: _____

FAIR EMPLOYMENT PRACTICES AFFIDAVIT

State of _____ County of _____

Fair Employment Practices Affidavit: After first being duly sworn according to law, the undersigned (Affiant) states that he/she is the _____ (Offeror) and that by its employment policy, standards, and practices the Offeror does not subscribe to any personnel policy which permits or allows for the promotion, demotion, employment, dismissal, or laying off of any individual due to his/her race, creed, color, national origin, age, or sex, and that the Offeror is not in violation of and will not violate any applicable laws concerning the employment of individuals with disabilities.

And Further Affiant sayeth not:

By: _____

Title: _____

Address: _____
