

CONTRACT, LEASE, AGREEMENT CONTROL FORM

Date: 10/27/2021

Contract/Lease Control #: C21-3023-RM

Procurement#: NA

Contract/Lease Type: AGREEMENT

Award To/Lessee: BLUE CROSS AND BLUE SHIELD OF FLORIDA

Owner/Lessor: OKALOOSA COUNTY

Effective Date: 10/01/2021

Expiration Date: 09/30/2022 W/3 1 YR RENEWALS

Description of: WELLNESS CONTRIBUTION PLAN

Department: HR

Department Monitor: BIRD

Monitor's Telephone #: 850-689-5977

Monitor's FAX # or E-mail: KBIRD@MYOKALOOSA.COM

Closed:

Cc: BCC RECORDS



*This is not a bill.

Okaloosa County BOCC, 41954
 Attn: Kelly Bird
 kbird@myokaloosa.com
 302 N Wilson Street, Suite 301
 Crestview, FL 32536

Date: 06/10/21

If ASO, select Add to Monthly Claims Statement
 one: Invoice separately to group

Service Type	Unit price	Quantity	Total
Lifestyle Improvement Programs (*fee waived for Better You Groups)			
*5 Week Series - Onsite	\$1,500.00		
*5 Week Series - Online	\$500.00		
- Per Participant Fee (Min 15)	\$45.00		
Condition Management Series			
*3 Week Series - Onsite	\$900.00		
*3 Week Series - Online	\$400.00		
*Per Participant Fee (Min 15)	\$25.00		
Wellness Presentations			
*Onsite 1 Hour	\$250.00		
*Online/Webinar	\$150.00		
Better You Strides			
Package Configuration Fee (ASO Groups)	\$ TBD		
Connect Partner Program Fee	\$ TBD		
Non-Member, PMPM (Based on 1st Non-Mbr census)	\$0.20 PMPM	181	\$398.20
Program period dates: 10/1/2021 - 8/15/2022			
Biometric Screening Add-ons (**Non-member fee only)			
**Health Designs - Standard Profile	\$39.00	181	\$7,059.00
**Quest - Standard Panel, PSC Only	\$43.00		
**Quest - Physician Results Forms	\$12.00		
**Quest - Denied Physician Results Forms	\$10.00		
Total:			\$7,457.20

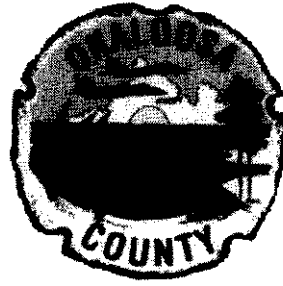
Please note: Your invoice will be based on actual participation, unless a minimum is noted above under service type. An employee must be enrolled and effective on your employer group plan on the day of the event to be considered a member. If any employee is covered under another Florida Blue plan, they must provide their ID card at the event to be considered a member. Any participants not meeting this criteria will appear on your invoice as a non-member.

Statement of Commitment: By entering signature and date below, Employer Group agrees to the proposal, pricing, and terms above, and hereby orders the services indicated herein from Better You.

Kelly Bird
 Client Name (Print):

Kelly Bird
 Client Signature
10/20/2021
 Date:

Better You STRIDES



October 1, 2021 – August 15, 2022

Bend the Trend A checklist for your incentive program

Allowable Activities	Rewards	When Rewards will be visible
GET ASSESSED		
<input type="checkbox"/> Health Assessment	\$50	2 days
<input type="checkbox"/> Biometric Screening	\$50	4-6 weeks
<input type="checkbox"/> Year-over-year Biometric Improvements		
• BMI	\$25	4-6 weeks
• Blood Pressure	\$25	4-6 weeks
<input type="checkbox"/> Achieve "in-range" biometrics		
• BMI 18.5-24.9	\$5	4-6 weeks
• Cholesterol Ratio =/ \leq 5.0	\$5	4-6 weeks
• Blood Pressure <120/80	\$5	4-6 weeks
<input type="checkbox"/> Preventive Screening	\$25 (max \$50)	2 days
<input type="checkbox"/> Flu Vaccine	\$10	2 days
<input type="checkbox"/> COVID Vaccine	\$10	2 days
<input type="checkbox"/> Dental Exam	\$10	2 days
GET MOVING		
<input type="checkbox"/> Corporate Challenge		
• Take the 100-mile Step Challenge (Nov 1-30)	\$25	2 days
• Plant Some Healthy Eating Habits this Spring (Mar 1-30)	\$25	2 days
<input type="checkbox"/> Complete a Personal Challenge	\$10 (max \$40)	2 days
<input type="checkbox"/> Community Walk/Bike/Run	\$10 (max \$30)	2 days
GET INFORMED		
<input type="checkbox"/> Complete a Digital Self-Guided Program	\$20 (max \$80)	2 days
<input type="checkbox"/> 5 Week Lifestyle Improvement Program (4/5)	\$50	4-6 weeks
<input type="checkbox"/> 3 Week Health Condition Series (3/3)	\$30 (max \$60)	4-6 weeks
<input type="checkbox"/> Diabetes Prevention Program	\$50	4-6 weeks
<input type="checkbox"/> Florida Blue Sponsored Wellness Program	\$10 (max \$40)	4-6 weeks
<input type="checkbox"/> Florida Blue Sponsored OnDemand Video	\$10 (max \$40)	4-6 weeks
<input type="checkbox"/> Tobacco Cessation Program	\$50	4-6 weeks
<input type="checkbox"/> Healthy Addition Prenatal Program – Enroll	\$50	4-6 weeks
<input type="checkbox"/> Next Steps Health Coaching – Complete 3 calls	\$50	4-6 weeks

Frequently Asked Questions

Who can participate in Better You Strides? All full-time employees, 18 and over, are encouraged to participate.

When does the program start and end? The Better You Strides program begins on 10/1/2021 and runs through 8/15/2022.

How do I earn dollars? You earn dollars by completing the allowable activities in your Journey®. Earn up to a maximum of \$200. Payouts will be made quarterly.

How do I get started?

Florida Blue Members:

1. Log in to your floridablue.com member account and click "Health & Wellness," then "Better You Strides."
2. Read and accept the Terms of Service, then choose your communication preferences.

Non-Members:

1. Go to <https://login.onlifehealth.com/Home/Login> and click **Get Started**.
2. Enter your name, date of birth, and home zip code. Click **Next**.
3. Enter your employer's group number **41954**.
4. Create your Username and Password in the Profile section.

AlwaysOn Mobile App registration for **All Employees**

1. Download and register on the **AlwaysOn Mobile app** from the Apple App store or Google Play. Click "New User."
2. Complete the authentication step; Group Number 41954
3. Create your username, Password and PIN.

How do I track my dollars? Earned Rewards will be displayed on the gray tool bar at the top of the Dashboard.

The Rewards page will display the list of allowable activities you can complete and the dollar value of each activity. Click on the activity name for a detailed description for further instructions. See all activities that you've completed on the Rewards History page.

If I have questions, who should I ask? If you have questions or need help registering for Better You Strides, Florida Blue Members **800-352-2583**; Non-Members call **866-560-9355**.

Florida Blue has entered into an arrangement with Onlife to provide members with care decision support services, information and other services. Please remember that all decisions that require or pertain to independent professional medical/clinical judgment or training, or the need for medical services, are solely your responsibility and the responsibility of your Physicians and other health care Providers. The programs mentioned above are subject to change.

We comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-352-2583 (TTY: 1-877-955-8773).

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-352-2583 (TTY: 1-800-955-8770).