

ARLINGTON COUNTY, VIRGINIA

**AGREEMENT NO. 19-165-R
AMENDMENT NUMBER 5**

This Amendment Number **5** is made on 11/8/2022 by the County and amends Agreement Number **19-165-R** ("Main Agreement") dated **AUGUST 21, 2022**, between O2X Human Performance ("Contractor") and the County Board of Arlington County, Virginia ("County").

The County and the Contractor agree to amend the main contract called for under the Main Agreement as follows:

- 1. PURSUANT TO SECTION 2. CONTRACT TERM: THE CONTRACT IS HEREBY EXTENDED FROM AUGUST 20, 2022, TO OCTOBER 31, 2023. NO RENEWALS REMAIN.**

All other terms and conditions of the Main Agreement remain in effect.

WITNESS these signatures:

THE COUNTY BOARD OF ARLINGTON
COUNTY, VIRGINIA

O2X HUMAN PERFORMANCE

AUTHORIZED: DocuSigned by:
SIGNATURE: Dr. SHARON T. LEWIS
89B86B1AD301462...

AUTHORIZED: DocuSigned by:
SIGNATURE: O2X Human Performance
F4CA0875C961464...

NAME: DR. SHARON T. LEWIS

NAME: O2X Human Performance

TITLE: PURCHASING AGENT

TITLE: Paul McCullough, Managing Partner

DATE: 11/8/2022

DATE: 11/7/2022

Line Item #	Program Component	Number of Participants	Pricing per Participant
1	Mental health seminars	EACH	\$1,500
2	Physical health seminars	EACH	\$1,500
3	Certifications/certification workshops	EACH	\$1,500
4	Preventative injury screenings	0 - 250	\$200
		251 - 500	\$200
		501 - 1000	\$200
		1001 - 2000	\$200
		2001 - 3000	\$150
		3001 - 5000	\$150
5	Body composition analyses	0 - 250	\$200
		251 - 500	\$200
		501 - 1000	\$200
		1001 - 2000	\$200
		2001 - 3000	\$150
		3001 - 5000	\$150
6	Long-term departmental health profiling and analyses	0 - 250	\$200
		251 - 500	\$200
		501 - 1000	\$200
		1001 - 2000	\$200
		2001 - 3000	\$150
		3001 - 5000	\$150
7	Mobile application	EACH	\$0
8	Gait analyses	0 - 250	\$200
		251 - 500	\$200
		501 - 1000	\$200
		1001 - 2000	\$200
		2001 - 3000	\$150
		3001 - 5000	\$150
9	Evaluation for podiatrist screenings	0 - 250	\$200
		251 - 500	\$200
		501 - 1000	\$200
		1001 - 2000	\$200
		2001 - 3000	\$150
		3001 - 5000	\$150
10	Sleep management education sessions	EACH	\$1,500
11	Nutrition education sessions	EACH	\$1,500
12	Mental performance education sessions	EACH	\$1,500
13	Stress management education sessions	EACH	\$1,500
14	Cancer prevention workshops	EACH	\$1,500
15	Onsite, certified Human Performance Trainer	N/A	\$150,000 (2,000 hours)